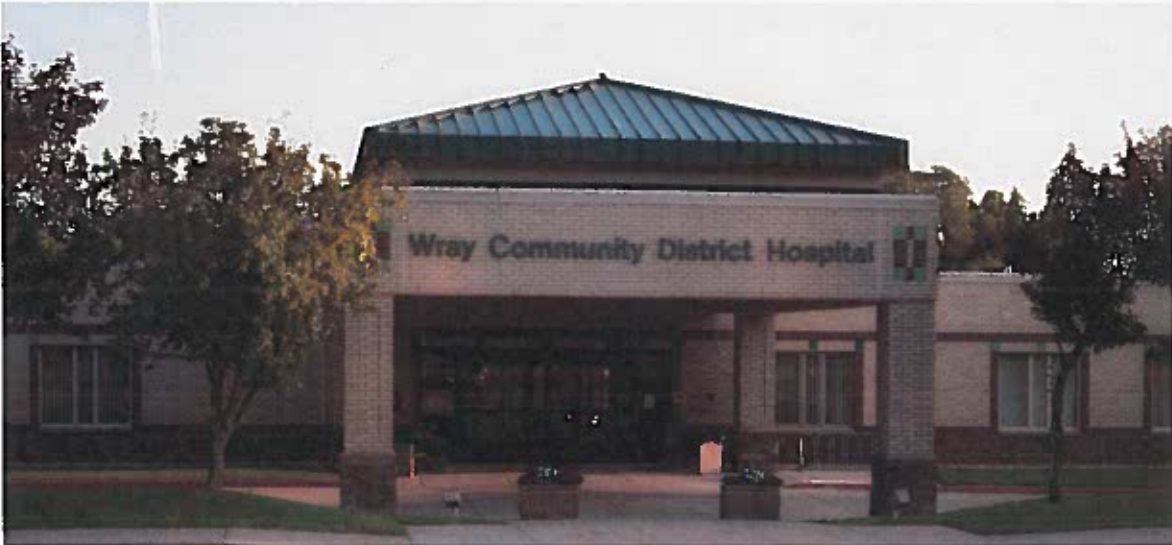


*Community Health  
Implementation Strategy  
2019-2021*



Wray Hospital  
& Clinic

## **Introduction**

Wray Community District Hospital (The Hospital) is a 15 bed, special district critical access hospital, located in Wray, Colorado. A five-member board of directors governs the Hospital and ensures that medical services are available to the residents of Wray and surrounding areas. Wray Hospital also includes a family practice clinic known as Wray Clinic, opened in 2003

## **Identifying Health Needs**

A community health needs assessment was conducted from June 2018 to November 2018. Community input was provided through twelve key stakeholder meetings and a community health survey, including representatives from:

- ✓ Social service agencies
- ✓ Local school system and community college
- ✓ Local city and county government
- ✓ Public health agencies
- ✓ Industry
- ✓ Community business owners
- ✓ Medical providers

Population demographics and socioeconomic characteristics of the community were gathered and reported utilizing various third parties. The health status of the community was then reviewed. Information on the leading causes of death and morbidity information was analyzed in conjunction with health outcomes and factors reported for the community by Community Health Status Indicators and other third parties.

This data was analyzed and reviewed to identify health issues of uninsured persons, low-income persons and minority groups, and the community as a whole. As a result of the analysis described above, the following health needs were identified for the community:

### **Mental (Behavioral) Health**

Heart Disease

Lung Disease

Substance Abuse

Cancer

Adult Obesity

The identified health needs were reviewed by hospital management and priority areas, included in the table below, were determined based on their assessment of the qualitative and quantitative data. Identified needs were prioritized based on the following criteria:

- 1) How many people are affected by the issue (size of the issue)?
- 2) What are the consequences of not addressing this problem (severity of the issue)?

- 3) Prevalence of common themes.
- 4) Alignment with Hospital goals and resources (Hospital's ability to address the issue).

Wray Community District Hospital Priority	Corresponding Identified Health Need
Integrate behavioral Health presence into clinical services	Mental (Behavioral) Health
Utilize population health tool to identify individuals with need	Heart Disease, Cancer, Obesity
Increase education and access to respiratory therapy for patients with Asthma and COPD	Lung Disease
Utilize an ALTO's program to help minimize opioid exposure and abuse	Substance Abuse
Increase education and access to care for patients with existing or higher risk of obesity	Adult Obesity

**PRIORITY 1: Integrate behavioral Health presence into clinical services**

- **Strategy 1:** Place an LPC or LCSW in the clinic at least one day each week within the first 6 months of 2019.
  - ✓ Their presence will allow for increased collaboration with providers and the local behavioral team.
- **Strategy 2:** The Hospital will continue to assess volume and needs for growth in this line of service to ensure the preservation of this partnership.

**PRIORITY 2: Utilize population health tool to identify individuals with need**

- **Strategy 1 (Heart Disease):** Using the new population health tool, identify individuals with BP > 140/>90; For patients identified, provide education and case management follow-ups.

- **Strategy 2 (Cancer):** Using the new population health tool, increase compliance with preventative colonoscopy/EGD screenings and mammograms.
- **Strategy 3 (Obesity):** Using the new population health tool, target individuals with a BMI over 27 and follow up by offering one-on-one education.
- **Strategy 4:** The Hospital will apply remote monitoring tools to assess blood pressures for patients in homecare settings.

**PRIORITY 3: Increase education and access to respiratory therapy for patients with Asthma and COPD**

- **Strategy 1:** Hire a respiratory therapist who will serve as a part-time case manager working with patients to put Asthma and COPD action plans in place. The therapist's work will be threefold:
  - ✓ Work with the Hospital's visiting pulmonologist to case manage their patients
  - ✓ Work in the hospital part-time by providing education to inpatients
  - ✓ Provide additional education services through Pulmonary Rehabilitation.
- **Strategy 2:** Follow steps and recommendations to better align with the American Lung Association standards of care for patients with Asthma and COPD

**PRIORITY 4: Utilize an ALTO's program to help minimize opioid exposure and abuse**

- **Strategy 1:** Minimize use of opioids in the ER by employing a pain management program in the clinic, requiring a drug test for narcotic prescription refills.
  - ✓ Depending on the outcome, the patient will be assessed and referred for substance abuse in the clinic and hospital setting.

**PRIORITY 5: Increase education and access to care for patients with existing or higher risk of obesity**

- **Strategy 1:** Increase nutrition education classes offered and run these programs throughout the year by way of registered dietitians.
- **Strategy 2:** Utilize multiple media mediums such as Facebook, website and grocery store marketing campaign to educate on nutritious recipes.

**Next Steps**

This Implementation Plan will be rolled out over the next three years, from FY 2019 through the end of FY 2021. The Hospital will work with community partners and health issue experts on the following for each of the approaches to addressing the identified health needs:

- Develop work plans to support effective implementation
- Create mechanisms to monitor and measure outcomes
- Provide on-going status and results of these efforts to improve community health

Wray Community District Hospital is committed to conducting another health needs assessment within three years.

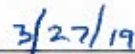
### Adoption/Approval

Wray Community District Hospital's Management approves the Implementation Strategy that has been developed to address the priorities of the Community Health Needs Assessment conducted in FY 2018.

The Hospital will utilize this Implementation Strategy as a roadmap to collaborate with their community to address the priorities, particularly for the most vulnerable.



\_\_\_\_\_  
CEO, Wray Community District Hospital



\_\_\_\_\_  
Date



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Chair, Wray Community District Hospital  
Board of Directors



\_\_\_\_\_  
Date