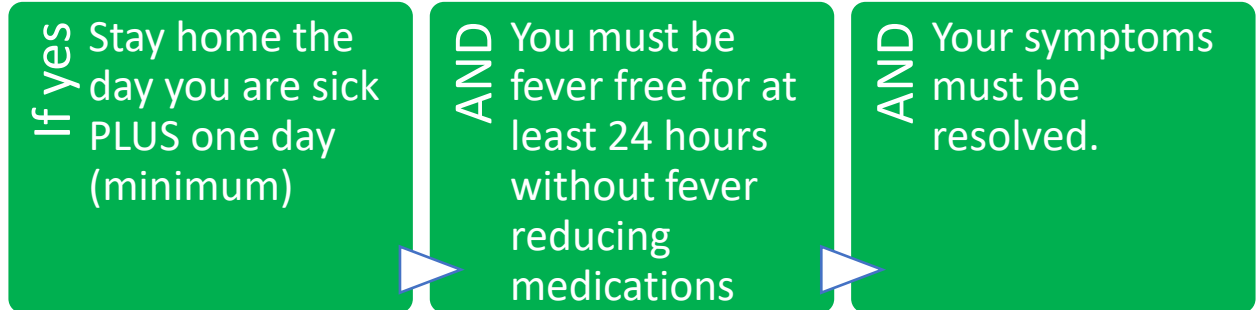




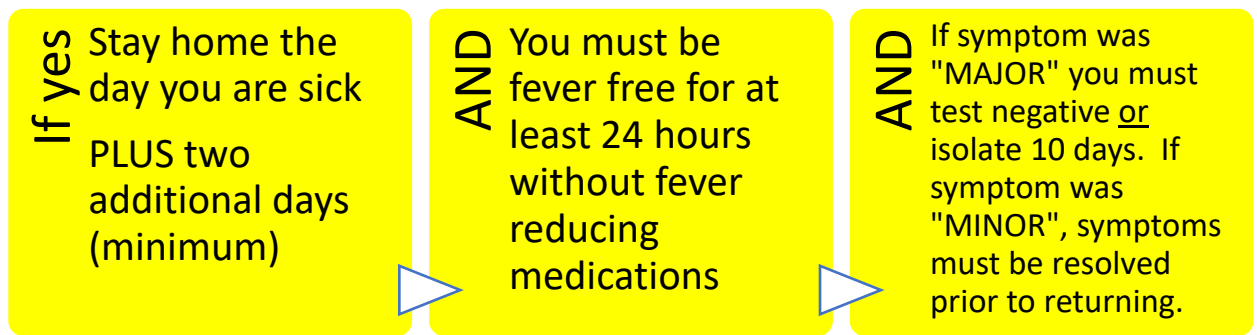
Staying Home When Sick

Green Zone: Do you have 1 or more major symptom?



Yellow Zone: Do you have any major or minor symptoms?

It is recommended you test if you have one ore more major symptoms in the yellow zone



A physician order will supersede the above guidelines

IF TESTED WITH POSITIVE RESULTS: MUST meet all of the following:

1. Isolate for a 10 days from date symptoms started.
2. Must be fever free for 24 hour without using fever reducing medications.
3. Symptoms have improved or resolved.

IF EXPOSED: Quarantine for 14 days.

RED Zone:

Schools: on-line learning
Businesses: should consider allowing opportunities for work at home when possible.

MAJOR SYMPTOMS

Fever 100.4 or higher
 Loss of taste and smell
 New/Unexplained cough
 Shortness of Breath

MINOR SYMPTOMS

Sore Throat Fatigue
 Runny nose/congestions Nausea/Vomiting
 Body Aches Diarrhea
 Headache

Wray Hospital

Testing M-F 8am – 5pm
 Sat 8am-noon

Questions? Please call:
 970-630-1765 English
 970-630-2505 Español

This guide is to help respond to COVID appropriately. Please make sure you take proper precautions for all symptoms in all “zones” by staying home when you are not feeling well.